

FOUR MONTH OLD BABIES CAN:

- ◆ Lie on their backs, bring their hands together and look at them
- ◆ Kick their legs and move freely
- ◆ When on their tummy they can lift their head and take weight on their elbows.
- ◆ When held in sitting their back is straight
- ◆ They can take weight on their feet with straight legs when held in standing
- ◆ Hold a ring or rod for a few seconds
- ◆ Follow you with their eyes



EIGHT MONTH OLD BABIES CAN:

- ◆ Roll over from their back to their stomach and their stomach to their back
- ◆ Creep around on their stomach
- ◆ Get onto their hands and knees and rock. They may have started to crawl
- ◆ Sit alone with a straight back
- ◆ Stand holding onto you or furniture; take their weight on flat feet
- ◆ Reach for a toy and play with it
- ◆ Eye contact and fixate

TWELVE MONTH OLD BABIES CAN:

- ◆ Sit with a straight back in a variety of positions
- ◆ Crawl on their hands and knees
- ◆ Pull themselves up on furniture and sidestep around it.
- ◆ Reach for a toy whilst standing
- ◆ Get down to the floor from standing
- ◆ Pick up small objects using an index finger and thumb
- ◆ Play with a toy in both hands

