

SCOLIOSIS CHECKLIST

- ♦ Are neck angles the same?
- ♦ Is one shoulder blade higher than the other?
- ♦ Are waist angles asymmetrical?
- ♦ Do buttock folds differ?
- ♦ Do knee creases differ?
- ♦ In the forward bend/flexed, does the spine curve sideways?
- ♦ In the forward bend/flexed position, is a rib hump present?

KYPHOSIS CHECKLIST

- ♦ When lying on stomach lift head and shoulders off bed. Does a gutter form down the spine as the spine extends?

