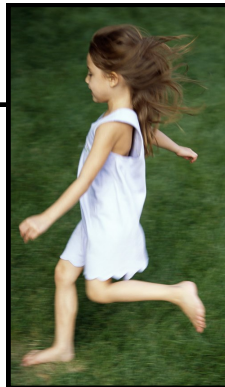


FOUR YEAR OLDS CAN:

- ◆ Walk along a line rarely stepping off
- ◆ Hop 5 times on either leg
- ◆ Jump with 2 feet together
- ◆ Catch a large ball
- ◆ Stand on either leg for 4 seconds or more
- ◆ Sit well in a variety of positions
- ◆ Run well and turn corners whilst running
- ◆ Hold a pencil with a usual pencil grip
- ◆ Thread beads well
- ◆ Try to write name
- ◆ Count up to 5
- ◆ Understand big and little; tall and short



FIVE YEAR OLDS CAN:

- ◆ Maintain balance while standing with eyes closed for up to 5 seconds
- ◆ Jump over low objects
- ◆ Skip, jump and hop with balance
- ◆ Throw balls overhead
- ◆ Dress themselves with little assistance
- ◆ Lace shoes
- ◆ Copy a triangle
- ◆ Colour within lines
- ◆ Spread with a knife
- ◆ Question others and respond to 'why' questions
- ◆ Count to 10
- ◆ Understand and name opposites
- ◆ Use 5-8 words in a sentence

SIX YEAR OLDS CAN:

- ◆ Run and turn quickly on the spot
- ◆ Stand on either leg with their hands on their hips for at least 8 seconds
- ◆ Hop 10 times or more on the spot on either leg
- ◆ Sit well with a straight back in all positions
- ◆ Skip well
- ◆ Catch a ball in their hands easily
- ◆ Control their pencil whilst drawing and writing
- ◆ Thread beads with ease
- ◆ Draw faces and bodies
- ◆ Have a large vocabulary and good grammar

